

Ho! Mesmerized by the sheer variety of perceptions, which are like the illusory
reflections of the moon in water,

Beings wander endlessly astray in samsara's vicious cycle.

In order that they may find comfort and ease in the luminosity and all-pervading space of
the true nature of their minds,

I generate the immeasurable love, compassion, joy and equanimity of the awakened mind,
the heart of Bodhicitta.

JIKMÉ LINGPA

18th Tibetan century scholar and meditation master