Five Precepts (Pancha Shila)

Pranatipata-Viratih Shikshapadam Samadiyami I take the precept of abstaining from the destruction of life

Adattadana-Viratih Shikshapadam Samadiyamiy I take the precept of abstaining from stealing

Abrahmacharya-Viratih Shikshapadam Samadiyamiy I take the precept of abstaining from sexual misconduct

Mrishavada-Viratih Shikshapadam Samadiyamiy I take the precept of abstaining from lying

Sura-Maireya-Madyapana-Viratih Shikshapadam Samadiyami y I take the precept of abstaining from drinking intoxicating liquor