A rainbow is formed by the play of a shaft of sunlight falling on a cloud of raindrops. It appears, but it's intangible. As soon as one of the factors contributing to it is missing, the phenomenon disappears. So, the 'rainbow' has no apparent nature of its own, and you can't speak of the dissolution, or annihilation of something that didn't exist in the first place. That 'something' only owed its illusory appearance to a transitory coming together of elements which aren't intrinsically existing entities themselves, either... Therefore all phenomena are the result of a combination of transitory factors.

This is the way enlightened beings relate to everything. Their world is made of rainbows. Everything briefly appears, then gradually or suddenly disappears. Imagine how your relationship to the world would change if you realized it is all made of rainbows. You are sitting on a rainbow. You are holding a rainbow in your hands. You go to sleep on a rainbow bed, and cover yourself with a rainbow blanket. You eat and drink rainbows. You put rainbow clothes on a rainbow body, and you make love to a rainbow mate. When your rainbow house disappears it is no big deal, that's just what rainbows do.

Matthieu Ricard